

DO YOU WANT TO MEET NEW FRIENDS AND LIVE A HEALTHIER LIFE?

Our team will talk to you about activities, such as crafts, walking, dancing, and coffee with friends.

Many things affect your health and wellbeing sometimes and they can't be fixed by medicine alone

Anyone can become lonely or socially isolated at some stage of their life

WHERE TO FROM HERE?

COMMUNITY CONNECTOR



We support you to connect to community and find something that you will enjoy doing.

YOUR HEALTH PROVIDER



Health providers can refer you to a Community Connector.



Contact Your Community Connectors

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