

Bringing Up Great Kids



Bringing Up Great Kids is a multi-session evidence based parenting program to support parents and caregivers with children aged under 12.

Bringing Up Great Kids allows parents and carers to explore their relationships and improve communication with their children.

The program aims to support parents to

- Promote respectful parent child interactions
- Learn more about brain development in children and its influence on their thoughts feelings and behaviour
- Understand the meaning behind the child's behaviour
- Discover how to overcome some of the obstacles getting in the way of being the parent they would like to be
- Discover ways for the parents and carers to take care of themselves and find support when they need it This program is free and delivered by a trained facilitator 1:1 or in a small group setting.

For more information please contact the Coordinator Parenting and Children's Services.

Coordinator | Parenting & Children's Services

Jaclyn Maroney

• 0428 591 563

imaroney@warrnambool.vic.gov.au

Contact us

Call: 5559 4747

Drop In: Children's Service Centre 550-600 Raglan Pde, 9am – 5pm Monday – Friday

Post to: PO Box 198, Warrnambool VIC 3280 **Email:** childandfamily@warrnambool.vic.gov.au

Interpreter service available



