

Victorian
Seniors
Festival
October
2018



Wise.
Grandpa.
Leader.
Friend.
Radical.
Mother.
Young at heart.



www.warrnambool.vic.gov.au

celebrate!



Welcome to the 2018 Celebrate Victorian Seniors Festival

Interactive Gaming for Seniors Sunday 7th October

Interactive games are suited to people of any age. If you have never played an interactive game, now's your chance to try it and use your brain differently. Join local tech expert Justin Williams from iXplainIT who will guide you all the way.

Venue: Warrnambool Art Gallery (WAG).

Cost: \$10 of \$5 for WAG members

Bookings:

Call: 5559 4949

Email: gallery@warrnambool.vic.gov.au

Celebrate Seniors Festival Launch at WAG Sunday 7th October, 1-2.30pm

Celebrate the start of Celebrate 2018 and acknowledge our nominees for the Victorian Senior of the Year Award 2018. The Lim Family Quartet will perform; local wine and cheese will be provided.

Venue: Warrnambool Art Gallery (WAG).

Cost: Free

Bookings:

Call: 5559 4920

FProject CBD Street Art Walk – 1.

Sunday 7th October, 2.45-3.45pm

Warrnambool's CBD streets and laneways have many hidden treasures which artists have created for all to discover. Meet FProject volunteers at WAG for a tour tipped to change the way you see our CBD.

Venue: Archie Graham

Cost: Free

Bookings at Archie Reception:

Call: 5559 4920

Coles Coaches trip to Mooramong Homestead – Skipton and Mount Elephant – Derrinallum

Monday 8th October, 8:30am to 4pm

Hollywood comes to the Homestead at this 1860's country house that was revamped in 1938 for millionaire Donald 'Scobie' Mackinnon and his movie star wife Claire Adams.

Mooramong homestead feels like it is lived in, with photos, furniture, curios and objects d'art displayed. The property is a working farm of 4,000 acres running sheep and producing crops.

It incorporates the Mackinnon Nature Reserve.

Morning tea on arrival at Mooramong at Skipton visit followed by lunch at Mount Elephant Visitor Centre, Derrinallum.

Venue: Depart from Flagstaff Hill

Cost: \$40 Payment required on booking.

Bookings at Archie Reception:

Call: 5559 4920

Author Talk by Jill Rivers

The Arts Apothecary: A vital prescription for health, happiness and wellbeing

Tuesday 9th October, 11.15am

Jill Rivers has been immersed in making arts and culture accessible for over forty years - as a journalist specialising in

food, wine and the arts, later as Media Director of The Australian Ballet. In 2008 Jill abandoned city life to move to the Macedon Ranges, where she established Daylesford Macedon Ranges Open Studios and Art-full Conversations - sharing the secrets of Movers, Shakers & Creators in a series of salon-like talks

Venue: Archie Graham

Cost: Free

Bookings at Archie Reception:

Call: 5559 4920

Warrnambool Football /Netball Club Car Rally

Tuesday 9th October, 1-3pm

Tour in style thanks to the Warrnambool Historic Car Club. Depart Warrnambool Football /Netball Club at 1pm for a trip to Tower Hill and surrounds before returning for afternoon tea at the Club with friends.

Venue: W'bool Football /Netball Club

Cost: \$5 Payment required on booking

Bookings at Archie Reception:

Call: 5559 4920

“Doris, Dusty & Me”

Wednesday 10th October

11.30am – 12.45pm

One of Australia's most charismatic singers – of Wendy and the Rockets fame - Wendy Stapleton presents her show Dusty, Doris and Me. Performing songs made classic by the irreplaceable Dusty Springfield and Doris Day.

The show features the lush musical and vocal arrangements of songs such as “I Just Don't Know What To Do With Myself” and “I Only Want To Be With You” as well as tunes from musicals “Calamity Jane” and “Love Me or Leave Me”

Venue: Lighthouse Theatre

Cost: \$10

Bookings at Lighthouse Theatre:

Call: 5559 4999

Images for Lunch

Wednesday, October 12.45pm - 1.45pm

Gather for a post-concert lunch at Images; a beautiful heritage building with high ceilings, chandeliers, leather couches, chairs and dining booths. Seniors meals available.

Venue: Images

Cost: Meal at own cost

Bookings at Images:

Call: 5562 4208



FProject CBD Street Art Walk - 2

Wednesday 10th October, 1.30 pm

Missed the street art walk last weekend? inspired by Jill Rivers presentation on The Arts Apothecary yesterday? Meet FProject volunteers outside WAG for a tour of our streets and laneways that is tipped to change the way you see Warrnambool's CBD.

Venue: WAG

Cost: Free

Bookings at Archie Reception:

Call: 5559 4920

Anchor Point Health Expo

Thursday 11th October, 10am-3pm

Interactive displays from health providers including free hearing checks, eye checks, free mini-massages, free fitness classes. Stall holders will have items available for purchase. Guest speakers.

Venue: Anchor Point Village

Cost: Light lunch for small cost. Free afternoon tea

Bookings at Archie Reception:

Call: 5559 4920



Pure - Beauty and Wellness Salon Pamper Morning Thursday 11th October, 9.30am-12.30pm

A pampering is sure to make you and your friends feel refreshed during this busy festival week.

Choose from a manicure, a hand massage or a wash, blow dry and style hair treatment by the wonderful students from Pure, Hair, Beauty and Wellness Academy. Appointments are 45 minutes and start at 9.30am at SW TAFE

Venue: Pure at SW TAFE

Cost: \$5 per treatment

Bookings at Archie Reception:

Call: 5559 4920

The arts and wellness workshops Tuesday 16th October, 10.30 -11.30am or 1-2pm

Following on from Jill Rivers presentation on her book: The Arts Apothecary: A vital prescription for health, happiness and wellbeing; these workshops are opportunities to do something new and explore wellness through creative writing, drawing and music.

Writing workshops facilitated by Jill Rivers
Drawing workshops facilitated by Gareth Colliton. Max 12 people per workshop.

Venue: Archie Graham

Cost: \$5.00 per workshop

Bookings at Archie Reception:

Call: 5559 4920

About Archie

Archie Graham Community Centre is open Monday - Friday, 8.15am - 5pm. Have a coffee at Tasty Plate and find out what's on every week of the year. Walking, cycling, exercise groups, writing, painting, cards, billiards, bus-trips, social outings and much more.

Free Transport

All public transport will be offered free to Victorian Seniors card holders during the festival for the full 8 days.

This includes: Regional Town Bus Services: Travel for free on Warrnambool (and surrounds) town buses. **V/Line services:** Travel for free on reserved Warrnambool V/Line services. **Metropolitan area:** Travel for free on trains, trams and buses on Melbourne's public transport network.

We would like to thank the following sponsors

