

# Celebrage

## Walk / Cycle for Wellness

Enjoy a walk or cycle along Warrnambool's beautiful foreshore and finish with morning tea.

New walkers and cyclists are most welcome – if you enjoy it, groups meet each week. Please contact Archie Reception to register your interest and we will arrange to look out for you.

Light refreshments will be available from 10.45am on the beachside of the WSLSC.

Demonstration of electric bikes from 11-11.30am.



**When:** Monday October 28, 10-11.30am    **Cost:** Free.

**Morning Tea:** Beachside of the Warrnambool Surf Life Saving Club (WSLSC), Pertobe Road.

**RSVP for catering purposes:** at Archie Reception or phone 5559 4920.

