

# Information for Medical & Allergy Plans

## Asthma

If your child has been diagnosed with asthma, the kindergarten & childcare service will need:

- Your child's medication (current for the entire kindergarten year) and a spacer (please ensure these are clearly named)
- An Asthma Management Plan completed by a doctor and valid for 12 months (Asthma Management Plan templates can be found at <https://www.nationalasthma.org.au/living-with-asthma/asthma-action-plans/asthma-action-plan-examples> )
- Ensure the doctor has signed and dated the plan
- Updated information/Asthma Management Plan if your child's asthma changes or requires further treatment over the time they are at Kindergarten.



## Allergies (that don't require an epipen)

If your child has been diagnosed with an allergy, the kindergarten and childcare service will need:

- An Allergic Reaction Action Plan (template can be found at <https://www.allergy.org.au/images/stories/anaphylaxis/2017/ASCIA Allergic Reactions Action Plan 2017 WEB.pdf> )
- Ensure the doctor has signed and dated the plan
- Any medication that your child requires if they have an allergic reaction and a dispenser to give the medication (please clearly name the dispenser)
- Medication must be in the original container with your child's name on it and current until for the entire kindergarten year
- Updated information/ Allergic Reaction Action Plan if your child's allergy changes or requires further treatment over the time they are at Kindergarten.



## Anaphylaxis (Allergies that require an epipen)

If your child has been diagnosed with anaphylaxis, the kindergarten and childcare service will need:

- An Anaphylaxis Action Plan (template can be found at <https://www.allergy.org.au/images/stories/anaphylaxis/2017/Anaphylaxis Epipen Personal Action Plan 2017 WEB.pdf> )
- Ensure the doctor has signed and dated the plan
- An Epipen current for the entire kindergarten year clearly labelled with your child's name.
- Any other medication that your child requires if they have an allergic reaction and a dispenser to give the medication (please clearly name the dispenser)
- Medication must be in the original container with your child's name on it and current for the entire kindergarten year
- Updated information/ Anaphylaxis Action Plan if your child's allergy changes or requires further treatment over the time they are at Kindergarten.

